

DREAMLAND BOXING

Gym Schedule

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
OPEN GYM 9:00 am – 12:30 pm	OPEN GYM 9:00 am – 12:30 pm	OPEN GYM: 9:00 am – 12:30 pm	OPEN GYM: 9:00 am – 12:30 pm	NO OPEN GYM:	OPEN GYM 9:00 a.m. to Noon
	CLASS 11:30 a.m. – Coach Jesse	CLASS 11:30 a.m. – Coach Jesse	CLASS 11:30 a.m. – Coach Jesse		CLASS 10:00 a.m. – Coach Travis
CLASS 5:00 p.m. – Coach Fernando	CLASS 5:00 p.m. – Coach Tommy M.	CLASS 5:00 p.m. – Coach Tommy C.	CLASS 5:00 p.m. – Coach Mark	CLASS 5:00 p.m. – Coach Ian	
KIDS CLASS 5:00 p.m. – Coach Luis & Coach Aagam (2 nd Space)		KIDS CLASS 5:00 p.m. – Coach Luis & Coach Aagam (2 nd Space)		KIDS CLASS 5:00 p.m. – Coach Luis (2 nd Space)	*Intro to Sparring *Members' Sparring *Competitive Sparring Time TBD
BOXING TEAM 5:30 p.m.	BOXING TEAM 5:30 p.m.	BOXING TEAM 5:30 p.m.	BOXING TEAM 5:30 p.m.		
BEGINNER CLASS 6:15 p.m. – Coach Eric (2 nd Space)		BEGINNER CLASS 6:15 p.m. – Coach Chris (2 nd Space)		BEGINNER CLASS) 6:15 p.m. – Coach Travis (2 nd Space)	
CLASS 6:15 p.m. – Coach Vincent	CLASS 6:15 p.m. – Coach Eric	CLASS 6:15 p.m. – Coach Dominic	CLASS 6:15 p.m. – Coach Vanessa	CLASS 6:15 p.m. – Coach Hashim	
OPEN GYM 7:00 pm – 9:00 p.m. (2 nd Space)	OPEN GYM 7:00 pm – 9:00 p.m. (2 nd Space)	OPEN GYM 7:00 pm – 9:00 p.m. (2 nd Space)	OPEN GYM 7:00 pm – 9:00 p.m. (2 nd Space)	OPEN GYM 7:00 pm – 9:00 p.m. (2 nd Space)	
CLASS 7:30 p.m. – Coach Masaya	Sparring TBD	CLASS 7:30 p.m. – Coach Masaya	Sparring TBD	CLASS 7:30 p.m. – Coach Masaya	
				INTRO TO SPARRING TBD – Coach Masaya	